



Prince William
Health District

Prince William Health District

Information Update

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The Prince William Health District What You Should Know

THE MOST EFFECTIVE WAY TO REDUCE THE RISK OF FLU IS TO GET A YEARLY FLU VACCINE.

- Anyone 6 months and older, with rare exception, should get the flu vaccine every year.
- The flu vaccine and COVID-19 vaccine can be given at the same time, if eligible and timing coincides.
- Flu is still circulating, so it's not too late to get your flu vaccine.

THERE ARE OTHER WAYS YOU CAN HELP STOP THE SPREAD OF THE FLU AND REDUCE YOUR RISK FOR ILLNESS.

- Wash your hands frequently with soap and water for at least 20 seconds
- Stay home if you're sick
- Cough and sneeze into your elbow.

Visit VDH's flu website for more information. [Flu Landing page.](#)

The Mobile Clinic Unit (MCU) is Now Indoors

- **Tuesday January 3, from 11:00 a.m.-5:30 p.m. (This clinic will be indoors)**
- **Triangle Rescue Building, 3800 Graham Park Rd., Dumfries, VA. 22026.**
- Vaccines offered: Pfizer & Moderna, according to current recommendations
While vaccine supplies last.
- No appointments are required. Walk-ins are accepted as long as supplies last. However, appointments can be made at: vaccinate.virginia.gov
Weather permitting.
- **COVID-19 at-home test kits available (as supplies last)**

- **Thursday January 5, from 11:00 a.m.-5:30 p.m. (This clinic will be indoors)**
- **Grace United Methodist Church, 9750 Wellington Rd., Manassas, VA. 20110.**
- Vaccines offered: Pfizer & Moderna, according to current recommendations
while vaccine supplies last.
- No appointments are required. Walk-ins are accepted as long as supplies last. However, appointments can be made at: vaccinate.virginia.gov
Weather permitting.
- **COVID-19 at-home test kits available (as supplies last)**

Prince William Health District Covid-19 Testing Services

Residents can schedule an appointment or find testing by visiting VDH testing locator: <https://www.vdh.virginia.gov/coronavirus/protect-yourself/covid-19-testing/covid-19-testing-sites/>

PWHD Update Information Posted Monday and Friday:

- PWHD Website: <https://www.vdh.virginia.gov/prince-william/3293-2/>
- Facebook: <https://www.facebook.com/PrinceWilliamHD>
- Nextdoor: <https://nextdoor.com>
- Twitter: <https://twitter.com/PrinceWilliamHD>